

BIRDS OF A FEATHER

AN EXERCISE TO SHARE INFORMATION ABOUT GROUP MEMBERS

NUMBER OF PARTICIPANTS

A minimum of 10 people

This exercise is suitable for as large a group as can hear the facilitator.

MATERIALS

None

SET UP

A clear space large enough for participants to sort themselves out into groups of varying sizes

INSTRUCTIONS

The facilitator gives the instructions: I will call out a description, a characteristic, an experience, a belief. You should find all the others who are like you in their answer or response and form a cluster. Once in your flock, shake hands with everyone in your cluster—you're birds of a feather.

Let's start with an easy one:

Flock with those who share your preference for handedness—right or left.

Examples of other descriptors:

- Month in which you were born
- State in which you were born
- Number of hours you sleep a night
- Color of your shoes
- Eye color
- Birth order—are you an oldest, youngest, middle, or only child?
- Liberal or conservative
- What you drink with dinner